

2026

Wellness Program



Program Dates

The ISAC Wellness Program will run between January 1, 2026 and October 31, 2026

Program Structure

Counties will have the opportunity to earn up to 5 wellness points. Each point is equal to a percentage towards the county's wellness discount. The employee percentage will be based off the number of county contracts held on January 1st.

- Completion of a physical OR preventative exam with a doctor who CAN fill out a fax form. = 4 TOTAL points
 - 50% Employee Participation = 1 point
 - 60% Employee Participation = 2 points
 - 70% Employee Participation = 3 points
 - 80% Employee Participation = 4 points
- Complete the Online Assessment = 1 TOTAL point
 - 60% Employee Completion = 1 point



Participants will be entered into larger prize drawings for completing and turning in the physical!

Employee Incentives

An insured employee of the Group Health Program may earn up to a \$364 incentive, of which \$264 will be ran through their paycheck in November and reimbursed by ISAC. The other \$100 will come from Voya as part of the accident insurance. ISAC will reimburse the county the incentive + employers FICA tax.

- \$100.00 Completion of the physical/preventative exam with a doctor who CAN fill out a fax form (Reimbursed through accident insurance)
- \$25.00 Completion of the Online Assessment
- \$25.00 Completion of a Mental Health Training
- Up to \$214 for walking. \$1.00 a day for 10,000 steps OR \$.50 a day for 7,500+ steps March 1st – September 30th

If you require access to a computer to complete the survey or submit your form, you can schedule a meeting with Cecilia Dirks at the Benton County Nature Center or Hannen Lake Park by calling 319-472-4942 ext. 3 or emailing cdirks@bentoncountyparks.com

