

NODDING LADIES' TRESSES

Spiranthes cernua

Nodding Ladies' Tresses bloom late in the season with a double spiral of delicate white flowers running up a spike 2-6 inches long. The lowest petal on individual flowers appear crystalline and nod downward. These plants prefer moist soils, bogs, and open areas as they are easily out competed. Seed pods that get carried by the wind can still perform photosynthesis if the pod is still green.



Photo: Ben Bonar