

Abuse/Domestic Violence

Cedar Valley Friends of the Family ER Shelter..319-352-1108 or.. 800-410-7233	
Child/Dependent Adult Abuse Reporting.....	800-362-2178
Child Protection Center – St Luke’s.....	319-369-7908
Domestic Violence Hotline (Waypoint).....	800-208-0388
Domestic Violence Center.....	319-363-2093
Human Trafficking Hotline.....	888-373-7888
Iowa Coalition Against Domestic Violence.....	800-770-1650
Sexual Abuse Center (Riverview).....	888-557-0310
Shelter Services.....	319-366-7999

Addiction Treatments

Alcohol and Drug Treatment Referral.....	800-454-8966
Area Substance Abuse Council (Belle Plaine or Vinton).....	319-472-2443
Drug Abuse Hotline.....	800-662-2873
Gambler’s Assistance.....	800-237-7633
Quit-line Iowa (Tobacco Cessation).....	800-784-8669
Sedlacek Treatment Center.....	319-398-6226

Children & Family Services

Abbe Center for Community Mental Health.....	319-472-5226
Child Care Resource and Referral.....	855-244-5301
Child Support Recovery.....	319-398-3619
HACAP Crisis Child Care.....	319-393-6355
HACAP-1st Five.....	319-739-0601
Diaper Depot (Vinton).....	319-472-2581
Families Inc.....	319-472-4081
Foundation 2.....	319-362-2174
Four Oaks.....	319-363-0636
InfantSee Program.....	319-472-3848 or 319-472-4741
Iowa Healthy Families Line.....	800-369-2229
Iowa Family Support Network.....	888-425-4371
Parent Partners.....	641-521-2675
Swaddling Clothes (Keystone).....	319-442-3514
Tanager Place.....	319-365-9164
Young Parent’s Network.....	319-364-8909
Youth Hotline.....	800-332-4224

Child Care Centers & Preschool

Atkins Preschool.....	319-446-7525
Happy Time Child Development Center (Vinton).....	319-472-4840
HACAP Head Start (Vinton).....	319-472-4761
Keystone Preschool.....	319-442-3221
Kids Kingdom 1st Lutheran Preschool (Belle Plaine).....	319-444-2849
Kids Inc. (Shellsburg).....	319-929-6429
King’s Kids Childcare (Keystone).....	319-442-3514
Early Beginnings (Atkins).....	319-446-6060
Early Beginnings (Van Home).....	319-228-8808
Kids Zone (Urbana).....	319-551-3222
Longfellow Preschool (Belle Plaine).....	319-444-3002
Noah’s Ark Preschool (Belle Plaine).....	319-350-3334
Pointer Pups (Urbana).....	319-849-1102
Tiny Vikes (Shellsburg).....	319-436-4728
Tiny Vikes (Vinton).....	319-436-4728
TLC Preschool (Vinton).....	319-472-5571

Education

Grant Wood AEA 10.....	319-399-6700
Belle Plaine Community Schools.....	319-444-3611
Belle Plaine High School/Middle School.....	319-444-3720
Longfellow Elementary School (K-6).....	319-444-3002
Benton Community Schools.....	319-228-8701
Atkins Elementary.....	319-446-7525
Keystone Elementary.....	319-442-3221
Van Home Middle/High School.....	319-228-8701
Norway Elementary.....	319-227-7142
Center Point Urbana Elementary/High School.....	319-849-1102
Middle School.....	319-443-2426
Kirkwood Community College (Belle Plaine).....	319-444-2549
Kirkwood Community College (Vinton).....	319-472-2318
Vinton-Shellsburg Community Schools.....	319-436-4728

Employment

Iowa Vocational Rehabilitation.....	319-294-9308
Iowa Workforce Development.....	319-365-9474
Proteus.....	800-397-9675

Food Assistance/Meals

Belle Plaine Community Center.....	319-444-3135
Benton County Food Pantry (Belle Plaine).....	319-444-2200
Benton County Food Pantry (Vinton).....	319-472-4743
Department of Human Services.....	800-972-2017 or 319-472-4746

HACAP Benton Main Office.....	319-472-4761
Helping Hands (Atkins).....	319-446-7196
Iowa Food Bank Association Hotline.....	855-944-3663
Shellsburg Share Food Pantry.....	319-350-8431
St. Mary’s (Urbana).....	319-560-4907
Walford Hope Matters.....	319-845-3085
Wesley United Methodist Church (Vinton).....	319-270-7778 or 319-241-1817
Women, Infants, and Children (WIC).....	800-643-1629

General Assistance/Financial Assistance

Benton County Social Services.....	319-472-4743 x2
Benton County Veteran’s Affairs.....	319-472-3150
Department of Human Services.....	800-972-2017 or 319-472-4746
Horizon’s Consumer Credit Counseling Service.....	800-826-3574
Iowa Concern.....	800-447-1985
Iowa Veteran’s Center.....	800-798-2719
ISU Extension & Outreach.....	319-472-4739
Salvation Army.....	319-560-1921
Social Security Administration.....	866-495-0088

Government Offices

Atkins City Hall.....	319-446-7870
Belle Plaine City Hall.....	319-444-2200
Belle Plaine Community Development Corp.....	319-434-6481
Benton County	
Board of Supervisors.....	319-472-4869
Correctional Services.....	319-423-1816
Magistrate’s Clerk.....	319-472-4902
Social Services/MHDS.....	319-472-4743
Veteran’s Affairs.....	319-472-3150
Benton Development Group.....	319-472-5545
Better Tomorrows ECI.....	319-472-4543
Blairstown City Clerk.....	319-454-6931
Garrison City Hall.....	319-477-5823
Keystone City Hall.....	319-442-3246
Mt Auburn City Hall.....	319-475-2314
Newhall City Hall.....	319-223-5709
Norway City Hall.....	319-227-7351
Shellsburg City Office.....	319-436-2954
Urbana City Hall.....	319-443-2400
Van Home City Hall.....	319-228-8238
Vinton City Clerk’s Office.....	319-472-4707
Vinton Unlimited.....	319-472-3955
Walford City Hall.....	319-846-3103

Health Care

AIDS Hotline.....	800-445-2437
Ask-a-Nurse.....	319-398-6011
ACA Navigator Services.....	515-829-6101
Benton County Public Health.....	319-472-6360
Essence of Life Hospice.....	319-622-3195
Gifts of Hope.....	319-472-6375
HACAP Health Care Coverage Access: Medicaid; Hawk-I.....	319-739-1510
HACAP I-Smile.....	319-739-1545
Hospice Compassus.....	888-959-5948
Lutheran Home Health Agency.....	319-472-4751
Lifelong Links.....	866-468-7887
Nurse-On-Call.....	800-593-1414
Planned Parenthood.....	877-811-7526
St Luke’s Family Health Center.....	319-369-7397
Senior Health Insurance Information Program (SHIIP).....	800-351-4664
Teen Health Line.....	800-443-8336
Unity Point Clinic (Belle Plaine).....	319-444-2840
Unity Point Clinic (Shellsburg).....	319-436-2040
Unity Point Clinic (Vinton).....	319-472-2304
Virginia Gay Hospital.....	319-472-6200
Virginia Gay Family Medical Clinic (Atkins).....	319-446-7800
Virginia Gay Family Medical Clinic (Urbana).....	319-443-5000
Virginia Gay Family Medical Clinic (Van Home).....	319-228-8000
Virginia Gay Family Medical Clinic (Vinton).....	319-472-6300

Assisted Living, Home Health, and Nursing/Rehab

Belle Plaine Specialty Care.....	319-444-2500
Keystone Home Health.....	319-442-3660
Keystone Nursing Care Center.....	319-442-3234
Rock Ridge Residential Care Center, Shellsburg.....	319-436-5570
Vinton Lutheran Home.....	319-472-4751
Assisted Living.....	319-472-2092
Virginia Gay Nursing and Rehab.....	319-472-6280
Windsor Manor.....	319-472-2060

Household Items	
ECHO Ministries.....	319-472-2002
Housing, Fuel Assistance, & Weatherization	
Abundant Life Ministries.....	319-640-5051
Belle Plaine Village.....	319-444-3540
Friends of the Family.....	319-352-1108
HACAP Benton Housing.....	319-366-7631
HACAP Benton County Main Office.....	319-472-4761
HACAP Supportive Services for Veteran Families.....	319-531-6421
Habitat for Humanity.....	319/366-4485
KarTay Apartment Management.....	319-334-7110
Salvation Army.....	319-560-1921
Traverse.....	800-383-5204
USDA Rural Economic Development.....	563-886-6006
Vinton & West Vinton Park Apartments.....	319-472-4424
Welcome Home.....	319-472-3083
In-Home Visitation Services	
Early ACCESS.....	319-399-6746
Four Oaks Family & Children's Services.....	563-557-3100
HACAP Early Head Start (Vinton).....	319-472-4761
Home Instead.....	319-472-4004
Keystone Home Health.....	319-442-3660
Leaping Rescues.....	319-551-1351
LSI Family Support Program.....	319-214-1054
Vinton Lutheran Home Health Agency.....	319-472-2092
Virginia Gay Hospital Home Health Agency.....	319-472-6360
Law Enforcement	
Belle Plaine Police Department.....	319-444-2323
Benton County Sheriff.....	319-472-2337
Juvenile Court Services.....	319-472-3957
Urbana Police Department.....	319-443-2780
Vinton Police Department.....	319-472-2321
Text 2 Protect.....	Text 274637...Text BENTON and follow that with the tip
Legal Assistance	
Iowa Civil Rights Commission.....	800-457-4416
Iowa Concern Hotline.....	800-447-1985
Iowa Legal Aid.....	319-364-6108 or 800-532-1275
Mental Health Services	
Abbe Center for Community Mental Health.....	319-472-5226
Benton County Rural Access Hub.....	319-436-0400
Catholic Charities.....	319-364-7121
Crisis Textline.....	Text 741741
Foundation 2 Mobile Crisis.....	319-247-0030
Mental Health & Disabilities of the East Central Region.....	319-472-4743
Pathways Behavioral Services.....	319-235-6571
Plugged-In Iowa.....	319-432-4748
Seasons of Life Family Therapy, LLC.....	319-774-3392
Seeds of Hope.....	888-746-4673
Suicide Hotline.....	800-SUICIDE
Therapeutic Innovations.....	319-540-5643
Vinton Counseling Services.....	319-472-4499
Your Life Iowa.....	Call 855-581-8111 or TEXT 855-895-8398
Special Needs/Disability Services	
Access2 Independence.....	319-338-3870
ARC of East Central Iowa.....	319-365-0487
ASK - Access for Special Kids.....	800-450-8667
Disability Rights (Iowa).....	800-773-2502
Family to Family Iowa.....	800-450-8667
Heritage Area Agency on Aging.....	800-332-5934
Iowa COMPASS.....	800-779-2001
Iowa Developmental Disabilities Council.....	800-452-1936
Iowa Federation of Families for Children's Mental Health.....	800-400-6302
Iowa Foster & Adoptive Parents Association (IFAPA).....	800-277-8145
Legal Center for Special Education.....	866-250-4545
North Star Community Services.....	319-472-4246
REM.....	319-472-4088
Social Security Office.....	866-495-0088
Transportation	
Benton County Transportation.....	319-472-2413
Benton County Volunteer Program.....	319-434-6078
TMS Medical Transportation.....	866-572-7662

Benton County Service Directory

Benton-Iowa Decategorization Initiative



Stakeholders involved in the development of this directory include:

**Flourishing Families Community Partnership
for Protecting Children (CPPC)
Benton County Coalition
Better Tomorrows ECI**

**Benton-Iowa Decategorization
Coordinator: Lisa Staude
Email: lstaude@dhs.state.ia.us**

**Benton County Website:
www.bentoncountyiowa.org**

United Way 211: Available 24/7 and provides information about health and human service resources. Call 2-1-1 on your landline or call 319-739-4211 or 1-866-469-2211 on your cellphone.